

# UNIQUE TO YOU Confidential Client Health History Form



Date: \_\_\_\_\_ Name: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Please circle appropriate answers:

1) List any medical conditions: \_\_\_\_\_  
Name of Physician \_\_\_\_\_ Phone \_\_\_\_\_  
Name of Dermatologist \_\_\_\_\_ Phone \_\_\_\_\_

2) Any recent surgery, including plastic surgery? No Yes, explain: \_\_\_\_\_

3) Any skin cancer? No Yes, explain: \_\_\_\_\_

4) Have you had any of these health conditions in the past or present? (Please check all that apply and provide additional information in the space provided)

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Cancer   | <input type="checkbox"/> Hormone imbalance    | <input type="checkbox"/> Systemic disease   |
| <input type="checkbox"/> High blood pressure  | <input type="checkbox"/> Spinal injury        | <input type="checkbox"/> Thyroid condition  |
| <input type="checkbox"/> Hysterectomy   | <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Heart problem      |
| <input type="checkbox"/> Varicose veins   | <input type="checkbox"/> Arthritis            | <input type="checkbox"/> Asthma             |
| <input type="checkbox"/> Eczema   | <input type="checkbox"/> Epilepsy             | <input type="checkbox"/> Seizure disorder   |
| <input type="checkbox"/> Fibromyalgia   | <input type="checkbox"/> Headaches (chronic)  | <input type="checkbox"/> Hepatitis          |
| <input type="checkbox"/> Herpes   | <input type="checkbox"/> Frequent cold sores  | <input type="checkbox"/> Thyroid Conditions |
| <input type="checkbox"/> Autoimmune disorders   | <input type="checkbox"/> HIV/Aids             | <input type="checkbox"/> Lupus              |
| <input type="checkbox"/> Skin diseases/lesions  | <input type="checkbox"/> Any active infection | <input type="checkbox"/> Other _____        |
| <input type="checkbox"/> Phlebitis, blood clots, poor circulation, blood clotting abnormalities |   |   |

Current prescription medications are taken for: \_\_\_\_\_

List any over the counter medications (including vitamins, herbal supplements, aspirin, etc.) you take regularly:

- 5) Do you smoke? No Yes  
6) Do you form thick or raised scars from cuts or burns? No Yes  
7) Do you wear contact lenses? No Yes  
8) Have you been exposed to the sun or used a tanning bed in the last 48 hours? No Yes  
9) Do you have any metal implants or wear a pacemaker? No Yes  
10) Have you ever experienced claustrophobia? No Yes

Please use this space to complete answers where space was insufficient. (Please include the number of the question)

**I understand, have read and completed this questionnaire truthfully. I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I understand that withholding information or providing misinformation may result in contraindications and/or irritation to the skin from treatments received. I am aware that it is my responsibility to inform the esthetician of my current medical or health conditions and to update this history. The treatments I receive here are voluntary and I release skin care professional from liability and assume full responsibility thereof.**

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_